

YW NEWS

Sept/Oct 2023



YW GIRLS-EMPOWERED GIRLS EMPOWER GIRLS!

We are here to empower girls to become the best young women they can be! We will focus on kindness, self care, and inner confidence for girls K-5th grade. The topics will change monthly but will be focused to develop and practice these skills.



3:30-5:00pm, 2nd Tuesday of every month

September 12th First class

\$5 a session, sign up a week in advance

Returning Girls if you bring a friend you get a class free

YW GIRLS

Where
Empowered Girls
Empower Girls

YWCA ZONE FREE Afterschool Program

FOR 6th, 7th, & 8th GRADERS

STARTS: AUGUST 16TH
WHEN: 3:30-6:00 PM
WEEKDAYS ACCORDING TO
HPS SCHEDULE
(M-F: 3:30-6:00 PM)
(W: 2:30-6:00 PM)

WHERE: 2525 W. 2nd Street Suite 110
Hastings, Nebraska

CALL: 402-705-7099

EMAIL: zone@ywcaadamscounty.org



Daily Homework Help
& Academic Assistance
Provided by
AMERICORPS VOLUNTEERS

DINNER SERVED
M-F 4:30-5:30 PM

USDA IS AN EQUAL OPPORTUNITY
PROVIDER AND EMPLOYER

TEEN OUTREACH PROGRAM WILL START AUGUST 30TH

Meets every
Wednesday
from
3-4 p.m.



FIND OUT MORE ON
ywcaadamscounty.org

TOP FOCUSES
ON
ADOLESCENT
HEALTH &
DEVELOPMENT
INCLUDING
BUILDING
SOCIAL &
EMOTIONAL
LIFE SKILLS

YOUTH LEADERSHIP ACADEMY

Open to Freshman & Sophomores from
Adams Central, Hastings High & St. Cecilia's.

Learn skills to be a leader in your community!

One morning a month!

eliminating racism
empowering women
ywca

Apply Today!

<https://forms.gle/7B9YPGlpXJ8LBFXu5>

Email mwaltemath@ywcaadamscounty.org
or call 402-462-8821 with questions.



Adult Clogging Class

Fall Session| Mondays 7:15-7:45|Sept 25- Nov 13| \$65 Per Session

Princess Ballerinas Mini-Sessions

Ages| Open to ballerinas ages 2-5 years Cost| \$50/session

Session 1...Pumpkin Patch| Mondays 4:00-4:30 October 9-November 13

Registration for Session 2 & 3 will open November 1

Session 2...Super Sweet Adventure| Mondays 4:00-4:30 February 5-March 11

Session 3...Mermaid Adventure| Mondays 4:00-4:30 April 8-May 6

Register Online at <https://app3.jackrabbitclass.com/regv2.asp?id=536287>

(If you are currently enrolled at YSD, you can register via the Parent Portal)

For questions, call the YWCA School of Dance Today!!!
402-303-1300

GOWNS FOR GOOD

Homecoming Shopping?

Check us out!

You can also look at dresses during
the week 9-4, call and schedule
an appointment

We are accepting
donations of Cocktail Dresses and
Mother of the Bride dresses!

A look at...

2022



DANCE

336 Enrolled in Dance
Opened Studio in Red Cloud

ZONE

147 Enrolled in the ZONE
ZONE Clubs offered Teen Outreach Program, Cooking, Art, & Science Clubs
177 Homework Assistance Hours
3406 Free Dinners Served to Youth

WHY We Do The Work

Community Education & Outreach

115 Women Received Career Services- Includes resumes & clothing for free, each woman can get clothing for jobs 3x per year.
166 Youth in Summer Classes
150 Girl Empowerment Programs
385 Freezer Meals
455 Received Diversity Education
186 Gowns for Good

About AmeriCorps

AmeriCorps is a paid service program that allows individuals to provide various local non-profit and state-based organizations with necessary services and support. These individual non-profits and organizations are referred to as "Host Sites". Each year, AmeriCorps leverages thousands of service members to complete important projects, provide support to populations in need, and make a positive impact on their community.

Contact

Mackenzie Waltemath
mwaltemath@ywcaadamscounty.org



AmeriCorps

The Next Service Term is from September 2023- August 2024

Host-Sites

- YWCA Zone Afterschool Program
- Hastings Literacy Program
- Maryland Living Center
- Adams County Diversion Services
- MentoringWorks
- Prairie Loft

Benefits

- Monthly Stipend
- Segal Education Award
- Skills and Training
- Career Opportunities
- Professional Development

Sustaining appeal letters went out in the mail mid August. Please consider giving to help us sustain our programs. If you didn't receive the letter and would like to contribute it would be appreciated! Thank you!

2023 CROCKPOT FREEZER MEALS

\$20 ~Call to order by **FRIDAY** week prior to meal.

September 14th **Crockpot Shredded Chicken Parmesan**

September 21st **Crockpot Buffalo Chicken**

September 28th **Crockpot Beef & Pepper Fajitas**

October 5th **Crockpot Garlic Ranch Chicken**

October 12th **Crockpot Black Bean & Corn Salsa Chicken**

October 19th **Crockpot Moo Shu Pork Chops**

October 26th **Crockpot Fiesta Chicken Soup**



Cooking with Rashmi

We have learned two recipes each month from Rashmi that are easy to follow and ingredients can all be purchased locally at Walmart. We have had 3 classes with her and plan to continue international cooking classes!

DIVERSITY



The YWCA and Hastings Multicultural invite you to attend upcoming Diversity training and educational opportunities at the YWCA

We meet the fourth Wednesday of the month at noon

September 27th- Jessica Caban, Center for Rural Affairs

October 25th- Kianté Stewart, International Admissions counselor at Hastings College



eliminating racism
empowering women
ywca

YWCA Adams County
2525 W 2nd St. Suite 110
Hastings, NE 68901

YWCA 402-462-8821
ZONE 402-705-7099
Dance 402-303-1300

admin@ywcaadamscounty.org
www.ywcaadamscounty.org

Office Hours: 9 am to 4 pm
Monday — Friday



RETURN SERVICE REQUESTED

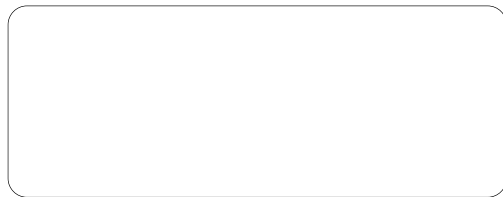
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YWCA Adams County
@ywcaadamscounty



You can pay membership by Venmo
by scanning this QR code

If highlighted,
your **membership** is due.
Adult Membership is \$35.



funding agencies



Our Vision

*Diverse and dynamic women positively
impacting women and families in our
community through leadership, growth,
education, and advocacy.*

YWCA Staff

*Executive Director: Laura Stutte
Assistant Director: Mackenzie Reinbold
Membership Coordinator: Mandy Evans
ZONE Director: Amber Price
Dance Director: Cindy Cummins*

YWCA Board Members

Connie Hartman
Patricia Hrnchir
Rosa Infante
Beatriz Jachim
Michelle Kerr
Rose Koepp

Teresa Kreutzer-
Hodson
Emily McDowel
Angie Pinkerman
Maria Rubalcava
Amanda Solem
Carole Thompson
Amanda Turner

Executive Board of Directors

*President: Nikki Pfeil
Vice President: Amy Black
Secretary: Kristen Eckhardt
Treasurer: Michele Overy*

peace, justice, freedom and dignity for all