

YW NEWS

Sept-Oct 2020

.....
**WE'VE STAYED
BUSY THIS
SUMMER**

104

**Summer
Class
Participants**



1809

**Free
Dinners
Served**



23

**Career
Clients**



**We are thrilled to
start our fall
programs!**



YW GIRLS

Where Empowered Girls Empower Girls

YW GIRLS-EMPOWERED GIRLS EMPOWER GIRLS!

We are here to empower girls to become the best young women they can be! We will focus on kindness, self care, and inner confidence for girls K– 5th grade. The topics will change monthly but will be coordinated to develop and practice these skills.



3:45-5:00pm, 1st Tuesday of every month
Tuesday October 6th
\$5 a session, sign up a week in advance

YOUTH LEADERSHIP ACADEMY

2020-2021

APPLICATION AVAILABLE FOR ANY INCOMING
 ADAMS CENTRAL, HASTINGS HIGH, OR ST. CECILIA
 FRESHMAN OR SOPHOMORE!

MONTHLY MEETINGS (SEPTEMBER- MAY)
 LEARN NEW SKILLS. MAKE COMMUNITY CONNECTIONS.

BUILD BRIDGES TO YOUR FUTURE BY USING LEADERSHIP SKILLS TODAY!

2020-2021

DAILY HOMEWORK HELP & GENERAL ACADEMIC ASSISTANCE PROVIDED BY AMERICORPS VOLUNTEERS!

THE ZONE

FREE AFTER SCHOOL PROGRAM FOR 6TH, 7TH, & 8TH GRADERS
 Weekdays according to HPS Schedule
 Mon. Tues. Thurs. Fri. 3:30 - 6 pm
 Wed. (& early release days) 2:30 - 6 pm

DINNER SERVED
M-F 4:30-5:30 PM

USDA IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER

STARTS:
SEPTEMBER 1ST
3:30 - 6 PM

Enrollment forms are available on our website! We can't wait to welcome back Middle Schoolers to the YWCA on September 1st, we've missed you all so much!

Freezer Meals Are Back!

We do the planning & preparation, offering healthier choices than fast food. Empowering women with a stress free meal for the family at a minimal cost! Meals feed up to 6 people.

- September 10th **Crockpot Buffalo Chicken**
- September 17th **Crockpot Salsalita Pork Chops** (Boneless, salsa, garlic, cumin)
- September 24th **Crockpot Sausage Jambalaya** (cajun, spicy)
- October 1st **Crockpot Honey Garlic Chicken**
- October 8th **Crockpot Mexican Shredded Chicken** (chicken broth, salsa & spices)
- October 15th **Crockpot Beef & Broccoli with Rice** (stew beef)
- October 22nd **Crockpot Not Chicken Pot Pie**
- October 29th **Crockpot Smoked Sausage & Hash Brown Casserole**



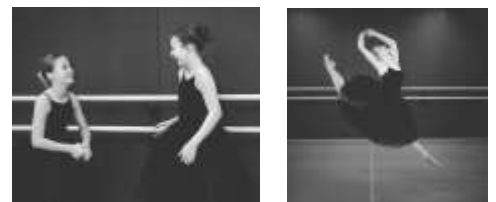
\$15 Members/\$20 Non-Members

Sign up for any in advance or call no later than **Friday** prior to meal ****Must pick up the week listed****



Dance starts September 9th

We still have some spaces open in our classes. We would love to have you dance with us!



Sustaining Appeal...

AmeriCorps positions are still available. If you know of anyone interested please share!

ZONE
124 Enrolled in ZONE
554 Homework Assistance Hours
117 Attended ZONE Clubs
3284 Free Dinners Served to Youth
939 Free Lunches Served to Youth

2019


Community Education & Outreach
454 Received Diversity Education 125 Girl Empowerment Programs
228 Received Career Services 481 Freezer Meals
148 Youth in Summer Classes

DANCE 285 Enrolled in Dance

WHY We Do The Work

MAKE A DIFFERENCE IN THE LIVES OF MIDDLE SCHOOL STUDENTS!

September 2020 - May 2021




YWCA ZONE
AFTER SCHOOL PROGRAM

500 Service Hours
10-12 Hours a Week
Monthly Stipend

PASSIONATE ABOUT FOOD, HEALTH, & NUTRITION?

September 2020 - August 2021



YWCA NUTRITION

300 Service Hours
6.5-8.5 Hours a Week
Monthly Stipend

SPEND A YEAR IN THE YWCA KITCHEN!
FIGHT FOOD INSECURITY. PROVIDE NUTRITION EDUCATION. SERVE OTHERS.

Sustaining appeal letters went out in the mail early August. Please consider giving to help us sustain our programs. If you didn't receive the letter and want to contribute we would appreciate it!

Thank you.

YWCA Nutrition Services Available:

- **300 hours**, September 2020-May 2021, 10-12 hours per week (2:30-6:15 pm)
- **300 hours**, September 2020-August 2021, 6-8 hours per week (2:30-6:15pm)
- **450 hours**, September 2020-August 2021, 10-12 hours per week (2:30-6:15pm)

THANK YOU... for helping the YWCA help others.

Career Closet Contributors/Gowns for Good: Tricia Allington, Mardi Novak, Kathy Adelson, Vicki Shepherd, Jamie Harpold, Denise Hauff, Brittany Chase, Joslyn Roth, Angie Anderson, Becky Koopman, Lindsey Martin, Darlene Neimoth, Sheila Kiiker, Joyce Schwenk, Colleen Pauley, Mary Beave, Julie Swanson, Susie Klatt, Dana McCallister, Jackie Norris, Brindi Streufert, Kathleen Schlachter, Jenna Devries, Maurices Store, Megan Krouss, Linda French, SASA, Janice Marrow, David Rutt, Robin Splitt, Lynette Krieger, Susan Klusman, Colleen Pauley, Courtney Davis, Brad Dobesh, Jackie Russell, Diane Sullivan, Catherine Biba, Steph Bliss, Becky Hermann

Many others donated but during the closure we may have missed some names or didn't receive the names-We always are appreciative of your donations!

Donation Requests: Paper Towels, Toilet Paper, Disinfectant Wipes, Department Store Bags (For Career Closet)

eliminating racism
empowering women
ywca

YWCA Adams County
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Hastings, NE 68901

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admin@ywcaadamscounty.org
www.ywcaadamscounty.org

Office Hours: 9 am to 4 pm
Monday — Friday



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If the date on your label is highlighted, your membership is due. Adult Membership is \$35.
Please notify us of address, telephone or email changes.



funding agencies



Our Vision

Diverse and dynamic women positively impacting women and families in our community through leadership, growth, education, and advocacy.

YWCA Staff

Executive Director: Laura Stutte
Assistant Director: Sonia Klouse
Membership Coordinator: Mandy Evans
Career Services Coordinator: Carissa Uhrmacher
Nutrition Director: Becca Woolsey
ZONE Director: Amber Price

2020 YWCA Board Members

Michele Anderson	Mary Olsen
Lisa Diecker	Ashley Pavelka
Courtney Hanson	Nikki Pfeil
Connie Hartman	Eleanor Reeds
Jenny Hartman	Carole Thompson
Beatriz Jachim	Arletta Towns
Lynn Keogh	Joy White

Executive Board of Directors

President: Monica Nordby
Vice President: Angie Pinkerman
Secretary: Sharon Brooks
Treasurer: Michele Overy

peace, justice, freedom and dignity for all