WE'VE STAYED BUSY THIS SUMMER

104 Summer Class Participants

1809 Free Dinners Served

23 Career Clients

We are thrilled to start our fall programs!
Programs

YW GIRLS-EMPOWERED GIRLS EMPOWER GIRLS!
We are here to empower girls to become the best young women they can be! We will focus on kindness, self care, and inner confidence for girls K– 5th grade. The topics will change monthly but will be coordinated to develop and practice these skills.

3:45-5:00pm, 1st Tuesday of every month
Tuesday October 6th
$5 a session, sign up a week in advance

YW GIRLS
Where Empowered Girls Empower Girls

Enrollment forms are available on our website! We can’t wait to welcome back Middle Schoolers to the YWCA on September 1st, we’ve missed you all so much!

Dance starts September 9th
We still have some spaces open in our classes. We would love to have you dance with us!

Freezer Meals Are Back!
We do the planning & preparation, offering healthier choices than fast food. Empowering women with a stress free meal for the family at a minimal cost! Meals feed up to 6 people.

September 10th Crockpot Buffalo Chicken
September 17th Crockpot Salsalita Pork Chops (Boneless, salsa, garlic, cumin)
September 24th Crockpot Sausage Jambalaya (cajun, spicy)
October 1st Crockpot Honey Garlic Chicken
October 8th Crockpot Mexican Shredded Chicken (chicken broth, salsa & spices)
October 15th Crockpot Beef & Broccoli with Rice (stew beef)
October 22rd Crockpot Not Chicken Pot Pie
October 29th Crockpot Smoked Sausage & Hash Brown Casserole

$15 Members/$20 Non-Members
Sign up for any in advance or call no later than Friday prior to meal **Must pick up the week listed**
THANK YOU for helping the YWCA help others.


Many others donated but during the closure we may have missed some names or didn’t receive the names—We always are appreciative of your donations!

Donation Requests: Paper Towels, Toilet Paper, Disinfectant Wipes, Department Store Bags (For Career Closet)

Sustaining appeal letters went out in the mail early August. Please consider giving to help us sustain our programs. If you didn’t receive the letter and want to contribute we would appreciate it!

Thank you.

YWCA Nutrition Services Available:
- **300 hours**, September 2020-May 2021, 10-12 hours per week (2:30-6:15 pm)
- **300 hours**, September 2020-August 2021, 6-8 hours per week (2:30-6:15pm)
- **450 hours**, September 2020-August 2021, 10-12 hours per week (2:30-6:15pm)

AmeriCorps positions are still available. If you know of anyone interested please share!
eliminating racism empowering women
ywca

YWCA Adams County
2525 W 2nd St. Suite 110
Hastings, NE 68901

402-462-8821
admin@ywcaadamscounty.org
www.ywcaadamscounty.org

Office Hours: 9 am to 4 pm
Monday — Friday

If the date on your label is highlighted, your membership is due. Adult Membership is $35.
Please notify us of address, telephone or email changes.

Our Vision
Diverse and dynamic women positively impacting women and families in our community through leadership, growth, education, and advocacy.

YWCA Staff
Executive Director: Laura Stutte
Assistant Director: Sonia Klove
Membership Coordinator: Mandy Evans
Career Services Coordinator: Carissa Uhrmacher
Nutrition Director: Becca Woolsey
ZONE Director: Amber Price

2020 YWCA Board Members
Michele Anderson
Lisa Diecker
Courtney Hanson
Connie Hartman
Jenny Hartman
Beatriz Jachim
Lynn Keogh
Mary Olsen
Ashley Pavelka
Nikki Pfeil
Eleanor Reeds
Carole Thompson
Arletta Towns
Joy White

Executive Board of Directors
President: Monica Nordby
Vice President: Angie Pinkerman
Secretary: Sharon Brooks
Treasurer: Michele Overy

peace, justice, freedom and dignity for all